

7 LEVEL DEEP EXERCISE

The 7 Levels Deep Exercise can be used to help determine what really drives you to accomplish anything in life. The following is a sample for you to start with. This is one of the hardest exercises that we have to do to reach that next level.

Name-----

Date-----

LEVEL 1: What is important to you about becoming successful?

ANSWER:-----

LEVEL 2: Why is it important to you to -----?

ANSWER:-----

LEVEL 3: Why is it important to you to ----- ?

ANSWER:-----

LEVEL 4: Why is it important to you to ----- ?

ANSWER:-----

LEVEL 5: Why is it important to you to ----- ?

ANSWER:-----

LEVEL 6: Why is it important to you to -----?

ANSWER:-----

LEVEL 7: Why is it important to you to----- ?

ANSWER:-----

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Name: DEAN GRAZIOSI

Date: 1/1/2019

LEVEL 1: What is important to you about becoming successful?

ANSWER: I WANT TO OWN A HUGE HOUSE ONE DAY

LEVEL 2: Why is it important to you to OWN A HUGE HOUSE ONE DAY ?

ANSWER: I WANT MY PARENTS TO BE ABLE TO LIVE WITH ME

LEVEL 3: Why is it important to you to HAVE YOUR PARENTS LIVE WITH YOU ?

ANSWER: I NEVER WANT MY PARENTS TO STRESS OVER MONEY AGAIN

LEVEL 4: Why is it important to you to NEVER LET YOUR PARENTS STRESS AGAIN ?

ANSWER: I WANT TO SHOW THEM HOW MUCH I LOVE THEM

LEVEL 5: Why is it important to you to YOUR PARENTS KNOW YOU LOVE THEM ?

ANSWER: I WANT THEM TO SEE HOW WELL ROUNDED I'VE BECOME

LEVEL 6: Why is it important to you to FOR THEM TO SEE YOU'RE WELL ROUNDED ?

ANSWER: SO THEY KNOW I MADE SOMETHING OF MY LIFE

LEVEL 7: Why is it important to you to SHOW THEM WHAT YOU'VE BECOME ?

ANSWER: I DON'T WANT MY PARENTS TO EVER BE DISSAPOINTED IN ME LIKE THEY ALWAYS WERE GROWING UP